


CLASSES ARE FREE FOR MEMBERS

*Effective 3/1/13*

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# MARCH-APRIL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	5:00 AM <b>Turbo Kick</b> 60 MIN.		5:00 AM <b>Turbo Kick</b> 60 MIN.		
5:30 PM <b>On The Ball</b> 50 MIN		5:45PM <b>Pilates</b> 45 MIN.			STAFFED HOURS: MONDAY-THURSDAY: 7AM-8PM FRIDAY: 7AM-5PM SATURDAY: 7AM-11AM SUNDAY: UNSTAFFED